



March 2024 Newsletter



Welcome to the Doncaster South Primary Care Network March Newsletter! Talking all things Health and Social Care for the patients located in the South of Doncaster

February round up from our Care Coordinator and ARRS team ..

- We held our first Virtual Patient Participation Group meeting! We are delighted with the response we have had to patients joining our group and have our next meeting planned for April, please keep reading to find out when our next meeting is and how to sign up.
- Our Pharmacy team completed over 480 medication reviews for patients in Doncaster South!
- We met with the Trussell Trust Foodbank in Rossington and in April will attend to speak to any of our patients about the services we offer.

South PCN Social Media Pages

We'd love you to follow our Facebook, Instagram, X and TikTok where we post lots of handy information from organisations in the local area. If you have any information you'd like us to share, please contact us at pcdltd.south-primary-caredoncaster@nhs.net

 <https://www.facebook.com/DoncasterSouthPCN>

 <https://www.instagram.com/doncastersouthpcn>

 <https://twitter.com/DonSouthPCN>

 <https://www.tiktok.com/@doncastersouthpcn>

Why not check out our website too <https://www.doncastersouthpcn.co.uk/>





Doncaster South
Primary Care Network

VIRTUAL PATIENT PARTICIPATION GROUP

THURSDAY 18TH APRIL AT 11:30AM

VIA MICROSOFT TEAMS



Want to join our Virtual Patient Participation Group?

If you're registered or connected to South Doncaster practices. Would you like to help shape and improve the services we provide? If yes, then this group is for you.

Contact us using the QR code, send us a message or email -



pcdltd.south-primary-care-doncaster@nhs.net
to register your interest and we will contact you.





Cervical Screening Drop In

South Doncaster PCN Care Coordinators planned an event at The Rossington Practice. They hosted a drop-in and pre bookable Cervical Screening event in collaboration with Sally Abbott, the Lead Colposcopist from Doncaster & Bassetlaw Teaching hospital.

Out of 22 available smear appointments, 17 ladies were screened during the day.



Reminder - All women and people with a cervix between the ages of 25 and 64 should go for regular cervical screening.

You'll get a letter in the post inviting you to make an appointment. How often you are invited depends on your age.





Stop Smoking Day

Wednesday 13th March was Stop Smoking Day - we have worked with Yorkshire Smoke Free and referred over 100 patients to Yorkshire Smokefree to use their support to quit.

If you would like to access this support please scan the QR code below to send us your details and we will be in touch.

GET HELP TO STOP SMOKING FOR GOOD...

Did you know you're up to **3 times** more likely to stop smoking for good if you use a combination of stop smoking treatment and receive support from an NHS Stop Smoking Service?



If you would like to access this support please scan the QR code or follow the link below to send us your details and we'll be in touch!



Doncaster South
Primary Care Network



Yorkshire
Smokefree Service





Stress Awareness Month

April is the time when we have an opportunity for an open conversation on the impact of stress. Dedicated time to removing the guilt, shame, and stigma around mental health. To talk about stress, and its effects and open up.

World Parkinson's Day 2024

World Parkinson's Day takes place on 11 April every year to raise awareness of Parkinson's. Living with Parkinson's is tougher than people think. But it doesn't define you. You are still you. You can still do amazing things in spite of Parkinson's.



National Stop Snoring Week 2024

22 - 28 April

National Stop Snoring Week is the annual event promoting general awareness that nobody need suffer as a result of snoring: it is a condition that can be treated.

Visit britishsnoring.co.uk for support

MS Awareness Week 2024

22 - 28 April

Multiple Sclerosis (MS) is a neurological condition - that means it affects your nerves. You get it when your immune system isn't working properly.

Questions about MS?

Call

0808 800 8000



Testicular Cancer Awareness Month

Can affect anyone who has testicles, including men, transgender (trans) women and people assigned male at birth.

Whether you're one of the 2,300 people diagnosed with testicular cancer each year, or just want to find out more take a look at

www.nhs.uk/conditions/testicular-cancer

Bowel Cancer Awareness Month

Knowing the symptoms is important to help spot bowel cancer early. The earlier that it's found, the more treatable it's likely to be.

Bowel cancer is cancer that begins in the large bowel, which is made up of the colon and rectum. It's sometimes called colorectal cancer.

www.bowelcanceruk.org.uk

